There's a lot to unpack with this article. First off, I want to mention that I find it interesting that we just watched the movie The Social Dilemma for Precedents, then read this article about how technology is playing a part in our lives. It seems as though wrestling with the idea of ever-growing technology is going to be something constantly present in our lives. Something else I wanted to mention from the article was how Chimero talked about how we can use technology to our advantage. One of our questions after watching the movie was just that: How do we continue with technology in our lives. I think the graphs Chimero provided about which apps made people happy and which apps made people feel a sense of regret after using them was a great representation of our current relationship with technology. I also really liked that after examining those, Chimero suggests that, "our alone time with technology should truly be alone time, and that halfway socializing is a source of disappointment, not pleasure.". I find this an interesting and potentially good way to view our technology. Instead of using technology for its social component, we use it for, as Chimero calls it, "spiritual technology". By using technology more minimally and to enhance our daily lives rather than crowd them with unnecessary apps and scrolling, maybe we will come to a good connection with technology instead of the somewhat toxic relationship we have with it currently.

Another part of Chimero's article that I wanted to talk about was when he described the two types of homes on the internet: commercial and private. The way he described there being a private side to the internet made me think about the project we just completed, our Homepage. We created that site to be a place for us specifically to

go on the internet. It was a private space for us. Chimero also mentioned that these two places have to live in harmony and can't exist by themselves. Which to me, sort of contradicts his idea that technology needs to be rid of its social element.

I personally don't know where we need to go with technology, but I know that something needs to be changed for us to get back to a healthy relationship with technology. Technology has so many good factors, we just need to figure out how to rid ourselves of the greedy capitalist people behind the technologies that are wasting time in our days.